



# TOOLBOX

## SAFETY TRAINING

Company \_\_\_\_\_ Location \_\_\_\_\_ Date \_\_\_\_\_

**Vol 31 - No 48**

### FALL ARREST SYSTEMS - BODY BELTS

Since January 1, 1998, body belts have not been acceptable as part of a personal fall arrest system. Yet twenty years later, this fundamental rule of fall protection is still being broken. Where a body belt must be used to position an employee, it is recommended a body harness & lanyard or a yo-yo system (see picture) should be used for maximum fall protection. Snaphooks shall be of locking type. Remember a harness does not provide fall protection if the lanyard is not attached to an appropriate anchorage point (capable of supporting at least 5,000 pounds per employee attached). If you don't attach the lanyard, it is as if you have no fall protection. The harness alone does not do much good. Never take your safety for granted. A fall is the quickest trip to injury or fatality.



**INCORRECT-  
BODY BELT USED FOR PLACEMENT  
WITH NO HARNESS AND LANYARD  
IN USE FOR PROPER FALL PROTECTION**

**CORRECT-  
HARNESS AND YO-YO PROPERLY USED FOR  
PROPER FALL PROTECTION WHILE BODY BELT  
CORRECTLY USED FOR PLACEMENT**

A publication of **ESC Safety Consultants, Inc.** - P. O. Box 709 - DeSoto, Texas 75123 - 1-800-327-1516

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