



TOOLBOX

SAFETY TRAINING

Company _____ Location _____ Date _____

Vol 31 - No 46 DRESSING FOR COLD WEATHER

During winter months it becomes necessary to work in the elements regardless if it's cold, wind, rain or even snow and ice. In these types of environments proper personal protection must be in use.

To prevent heat loss, always layer your clothing. Begin with a cotton type shirt, then wool and an outer layer to deflect the wind. Your head and neck lose heat faster than any other part of your body. Wear proper head wear and neckwear to prevent heat loss and exposure to the wind. Remember to protect your facial area to prevent frostbite, and always wear the proper type of glove to protect your hands. It is very difficult to grasp tools with cold fingers thus increasing your chance of an accident.

Remember to always dress properly for the environment you are about to work in.

CORRECT-
Clothing layered
to protect body
and arms from
exposure to the
elements.
Scarf over neck
and proper ear
protection to
prevent heat
loss.



INCORRECT-
No clothing
layers to
protect body.
Arms are
uncovered
and exposed to
the elements.
Neck and
ears are
unprotected.

A publication of **ESC Safety Consultants, Inc.** - P. O. Box 709 - DeSoto, Texas 75123 - 1-800-327-1516

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