



TOOLBOX

SAFETY TRAINING

Company _____ Location _____ Date _____

Vol 30 - No 1 FIRST AID KITS & FIRST AID TRAINING

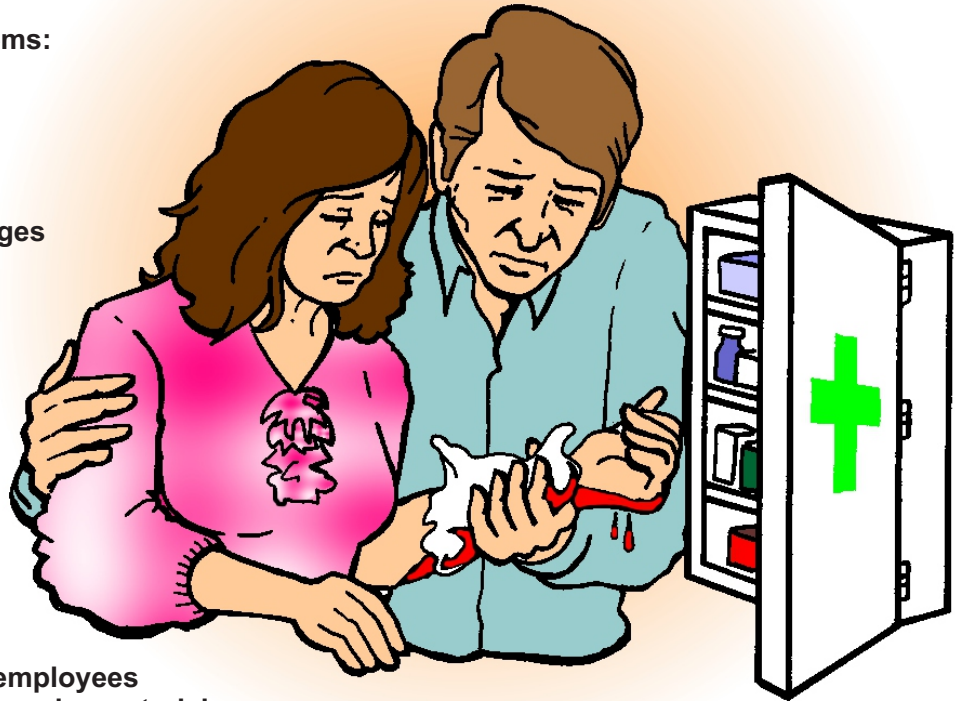
The standard for a physician's "letter of certification," approving the contents of the first aid kit for most industries, is no longer a requirement; unless the work being performed is varied and different from trade to trade, then this would require a physician's approval as to the contents in the First Aid Kit.

The contents in the kit should be placed in a weatherproof container with individual sealed packages for each type of item, and shall be checked by the employer before being sent out on each job and at least weekly on each job to ensure that the expended and EXPIRED items are replaced.

The employer can use injury information from their own injury records, local fire departments, or medical professionals to assess the needed supplies for their first aid kits. The employer should access their specific needs of their work site periodically and augment the first aid kit's contents appropriately.

The following is a list of basic items:

- assorted size band-aids
- 4" x 4" gauze pads
- 4" adhesive tape
- 40" triangular bandages
- 1" roller gauze, elastic bandages
- scissors
- tweezers
- disposable latex gloves
- antiseptic ointment
- resuscitating mask for CPR
- cold pack
- gloves, face shields or eye protection should also be available if an exposure to bloodborne diseases or other potentially infectious materials is possible.
- a quick drench and eye wash facility shall be provided if employees are exposed to injurious corrosive materials.
- small eye wash bottles (1-2 oz)



Where a medical facility is not reasonably accessible in terms of time and distance to the work site, a person who has a valid certificate in first aid training from the American Red cross or equivalent training must be available at the job site. This person must have a current certificate with them, at all times. A roaming person with a certificate going from one job site to another is not considered as on site.

Employees at the workplace should have a communication system for getting help. If 911 emergency services are not available, the telephone numbers of the physicians, hospitals or ambulances shall be conspicuously posted.



TOOLBOX

SAFETY TRAINING

Company _____ Location _____ Date _____

Vol 30 - No 1 FIRST AID KITS & FIRST AID TRAINING

The standard for a physician's "letter of certification," approving the contents of the first aid kit for most industries, is no longer a requirement; unless the work being performed is varied and different from trade to trade, then this would require a physician's approval as to the contents in the First Aid Kit.

The contents in the kit should be placed in a weatherproof container with individual sealed packages for each type of item, and shall be checked by the employer before being sent out on each job and at least weekly on each job to ensure that the expended and EXPIRED items are replaced.

The employer can use injury information from their own injury records, local fire departments, or medical professionals to assess the needed supplies for their first aid kits. The employer should access their specific needs of their work site periodically and augment the first aid kit's contents appropriately.

The following is a list of basic items:

- assorted size band-aids
- 4" x 4" gauze pads
- 4" adhesive tape
- 40" triangular bandages
- 1" roller gauze, elastic bandages
- scissors
- tweezers
- disposable latex gloves
- antiseptic ointment
- resuscitating mask for CPR
- cold pack
- gloves, face shields or eye protection should also be available if an exposure to bloodborne diseases or other potentially infectious materials is possible.
- a quick drench and eye wash facility shall be provided if employees are exposed to injurious corrosive materials.
- small eye wash bottles (1-2 oz)



Where a medical facility is not reasonably accessible in terms of time and distance to the work site, a person who has a valid certificate in first aid training from the American Red cross or equivalent training must be available at the job site. This person must have a current certificate with them, at all times. A roaming person with a certificate going from one job site to another is not considered as on site.

Employees at the workplace should have a communication system for getting help. If 911 emergency services are not available, the telephone numbers of the physicians, hospitals or ambulances shall be conspicuously posted.