

Company _____ Location _____ Date _____

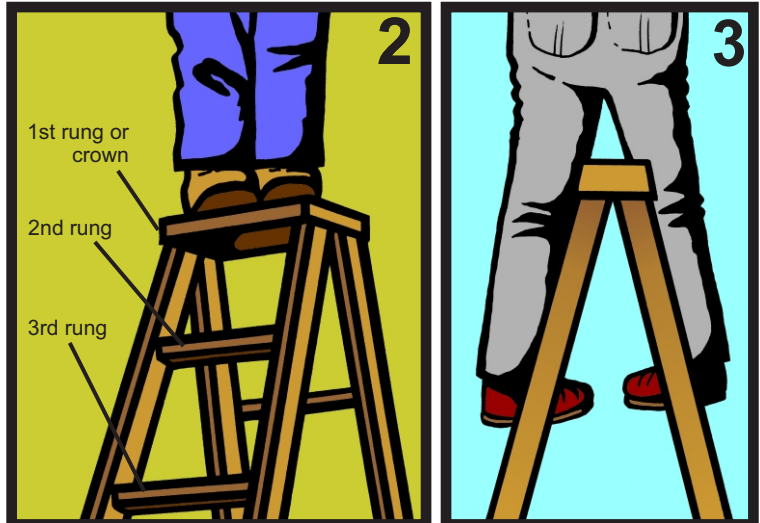
Vol 30 - No 4 STEP LADDER SAFETY

Step ladders are self-supporting ladders with flat steps and hinged backs. They may be constructed of aluminum, fiberglass, or wood, and have a metal spreader that locks the ladder open. They should only be used on firm and level surfaces. Never leave items on the step ladder unattended.

1. You never use a step ladder if the metal spreader is not fully open and locked (figure 1).
2. You should never stand higher than the third rung from the top of the ladder (figure 2).
3. You should never straddle or sit on top of the step ladder (figure 3).
4. You should never allow two people on the ladder at the same time or lean your belt buckle past the side rail (figure 4). Always remember: One Ladder = One Person.

1926.1053(b)(3) Ladders shall not be loaded beyond the maximum intended load for which they were built, nor beyond their manufacturer's rated capacity.

1926.1053(b)(4) Ladders shall be used only for the purpose for which they were designed.



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